

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>"Kindness is Doing good deeds without seeking Or expecting Rewards!"</p>	<p>"All the flowers of all the tomorrows are in the seeds of today"</p>	<p>1790 U S Coast Guard Established</p>	<p>01. Blood Pressure Computer Class 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 Chicken Foot 10:30/12:30</p>	<p>02 BRIDGE 9:00 Food Bank Nutrition w/Phyllis</p>
<p>05 Ice Cream Floats Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings 10-12</p>	<p>06 BIBLE STUDY 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 Food Bank Bingo</p>	<p>07 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 11 AM Pre-need planning Donna Fox</p>	<p>08 Blood Pressure Computer Class 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 Chicken Foot 10:30/12:30</p>	<p>09 BRIDGE 9:00 Birthday & Anniversaries By Care & Care Music by John Webster</p>
<p>12 Ice Cream Floats Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings Plays at Azle Manor Christmas cards for Soldiers</p>	<p>13 BIBLE STUDY 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30</p>	<p>14 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 PET FOOD Center Council Meeting 1945 V J Day</p>	<p>15 Blood Pressure Computer Class 10:30 Exercise 9:30/ Yoga 10:30 Chicken Foot 10:30/12:30</p>	<p>16 Center Business Meeting BRIDGE 9:00 Produce Day 18th Armed Forces Day</p>
<p>19 Ice Cream Floats Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings 10-12</p>	<p>20 BIBLE STUDY 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 White Elephant BINGO Staff Meeting *Balance Builders*</p>	<p>21 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Advisory Council Meeting</p>	<p>22 Computer Class 10:30 Emanuel Building Exercise 9:30/ Yoga 10:30 Chicken Foot 10:30/12:30</p>	<p>23 Bridge 9:00 Cards/Games</p>
<p>26 Ice Cream Floats Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings 10-12</p>	<p>27 BIBLE STUDY 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30</p>	<p>28 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Pet Food :</p>	<p>29 Blood Pressure Computer Class 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 Chicken Foot 10:30/12:30 Kiowa Bus Trip</p>	<p>30 Bridge 9:00 Cards/Games 11 AM bus leaves for Webster Concert Return 3-4 PM</p>

Monday-Friday 9:00-2:00

Make your reservations the day before you plan to eat.

SIXTY & BETTER AZLE SENIOR CENTER 601 S.E. PARKWAY, AZLE, TX 76020 817-444-0070